

Fight the Flu

By Jack

The flu is one of many illnesses but there ways to prevent it.

Flu short for influenza, can cause stomach and headaches. Also, it can cause sneezing, sore throat, fever, and other symptoms. If people sneeze or cough on each other you spread your germs and could get sick. When you touch things that other people touch for example, monkey bars you should wash your hands after your done playing on them.

You can prevent the flu if you don't touch your face and wash your hands. If you have the flu blow your nose. Ask if you can have medicines and keep your hands clean.

The flu is a bad sickness but if you do the right things to prevent it, you won't catch it.